



We are very pleased to announce that in line with Government guidelines we will reopen Radiate Fitness & Leisure on a phased basis from Monday 29th June @ 8am.

Our pool will reopen @ 8am Monday 29th June and our gym will reopen the following week Monday 6th July.

We look forward to welcoming you all back to Radiate Fitness & Leisure where you can expect a safe & slightly different leisure and workout experience.

Some of our new health & safety measures include:

- Taking steps to allow for social distancing of 2 metres
- Providing hand sanitisers for your safety & hygiene
- Encouraging contactless payment
- Increased cleansing & sanitising of all equipment
- Increased support from our knowledgeable staff
- Modifying the changing room experience
- Pool & gym workouts to be pre-booked up to 72 hours in advance.

A pre-booking system will be in operation for both the pool and gym. Each booking will be for a 50-minute time slot, including changing time. We are operating a swim & go system for the pool and a train & go system for the gym. The 50-minute time slot must be adhered to as our team have to sanitise equipment after each session. We ask that members be mindful of their time slots and to respect their fellow members by adhering to all guidelines during this new gym & pool experience – the “new normal”.

As per Government Guidelines a 2-metre social distance must always be adhered to.

The jacuzzi, sauna, steam room and showering facilities will currently not be available under Government Guidelines, members will have to attend swim ready with hats to be worn in the pool. Changing rooms operate as changing facilities only.

As per Government Guidelines our staff have been fully trained in Covid19 procedures and equipped with all PPE. Members need to be VERY mindful of sanitisation & wipe down practises for all equipment after use.

Members also need to be careful with their property and check they have all their belongings before leaving. All items left on the premises will be disposed of immediately.

Members are advised to bring their own towel, water & workout mat on visits to the gym/pool.

Members are welcome to bring their own personal PPE equipment / hand sanitisers / wipes as they see fit.

All memberships will be reinstated automatically from re-opening date, If you wish to freeze or cancel your membership, please do so in writing by email to leisure@rochestownlodge.com

Our phone lines for pre-booking your first swim in our pool will be open Thursday 25th, Friday 26th, & Sunday 28th June between 9am and 2pm (01) 2853555.

We will operate the pool from the Monday 29th June to 5th July from 8am – 8pm daily.

From the 6th July opening times are from 6am-9pm daily.

Radiate Fitness & Leisure understand this is a change to your usual visit, but it is the new normal for now & most importantly for your health and safety of our team and members.

We will of course be monitoring all Government Guideline announcements and will implement any future changes made.

So, let's get training again!!! 😊 We look forward to welcoming you all back to our Radiate Fitness Family!!!

RADIATE FITNESS & LEISURE TEAM